

Healthy and Wise

April 2008

TEXAS Correlations

Page 1) Sports Injury Prevention

Health

(K.2A), (1.2A), (2.2C), (3.2A, E), (4.4F), (5.5E), (6.5G) (7-8.5A)

The student understands that safe, unsafe, and/or harmful behaviors result in positive and negative consequences throughout the life span. The student recognizes and performs behaviors that reduce health risks throughout the life span.

Physical Education **See Additional Weekly PE Lesson Plans**

(K.5) (1.5) (2.5) (3.5) (4.5) (5.5) (6.5)

The student understands safety practices associated with physical activity and space.

(K.3), (1.3), (2.3), (3.3), (4.3), (5.3), (6.3)

The student exhibits a health enhancing, physically-active lifestyle that improves health and provides opportunities for enjoyment and challenge.

Language Arts

(1.10) (2.7) (3.7) (4.8) (5.8) (6.8)

Students read widely for different purposes in varied sources.

(K.9), (1.12), (2.9), (3.9), (4.10), (5.10), (6.10)

Students use a variety of strategies to comprehend selections read aloud and selections read independently.

Reading TAKS

Objective 1 (3.7) Reading/Variety of Texts

Objective 4 (3.9), (4.10), (5.10), (6.10) Reading/Comprehension

Math

(K.10) (1.7) (2.9) (4.11) (5.11) (6.8)

Students apply measurement concepts.

Math TAKS

Objective 4 (4.11), (5.11), (6.8) Measurement

Pg 2) Interval Training

Health

(K.1C) (1.1A) (2.1B) (3.1B) (4.1D) (5.1E) (6.1F) (7-8.1A)

The student recognizes and understands that personal health decisions and behaviors affect health throughout life, and comprehends ways to enhance and maintain personal health throughout the life span.

Physical Education See Additional Weekly PE Lesson Plans

(K.1), (1.1), (2.1), (3.1), (4.1), (5.1), (6.1)

The student demonstrates competency in fundamental movement patterns and proficiency in a few specialized movement forms.

(K.3), (1.3), (2.3), (3.3), (4.3), (5.3), (6.3)

The student exhibits a health enhancing, physically-active lifestyle that improves health and provides opportunities for enjoyment and challenge.

Language Arts

(1.10) (2.7) (3.7) (4.8) (5.8) (6.8)

Students read widely for different purposes in varied sources.

(K.9), (1.12), (2.9), (3.9), (4.10), (5.10), (6.10)

Students use a variety of strategies to comprehend selections read aloud and selections read independently.

Reading TAKS

Objective 1 (3.7) Reading/Variety of Texts

Objective 1 (3.9), (4.10), (5.10), (6.10) Reading/Comprehension

Math

(K.11) (1.8) (2.9) (3.13) (4.12) (5.11) (6.8)

Students apply measurement concepts.

Math TAKS

Objective 4 (3.13) (4.12), (5.11), (6.8) Measurement

Pg 3) Vegetables are the Healthiest Choice

Health

(K.1) (1.1) (2.1) (3-6.1) (7-8.1A)

Students recognize that personal health decisions and behaviors affect health throughout life, and comprehend ways to enhance and maintain health throughout the life span.

Language Arts

(1.10) (2.7) (3.7) (4.8) (5.8) (6.8)

Students read widely for different purposes in varied sources.

(K.9), (1.12), (2.9), (3.9), (4.10), (5.10), (6.10)

Students use a variety of strategies to comprehend selections read aloud and selections read independently.

Reading TAKS

Objective 1 (3.7) Reading/Variety of Texts

Objective 4 (3.9), (4.10), (5.10), (6.10) Reading/Comprehension

Math

(K.10) (1.7) (2.9) (4.11) (5.11) (6.8)

Students apply measurement concepts.
(K.13) (1.11) (2.12) (3.15) (4.14) (5.14) (6.11)

Students apply mathematics to solve problems connected to everyday experiences and activities in and outside of school.

Math TAKS

Objective 4 (4.11), (5.11), (6.8) Measurement

Objective 6 (3.15) (4.14) (5.14) (6.11) Underlying Processes and Mathematical Tools

Pg 4) Grilled, Baked, and Fried Foods – Know the Facts

Health

(K.1) (1.1) (2.1) (3-6.1) (7-8.1A)

Students recognize that personal health decisions and behaviors affect health throughout life, and comprehend ways to enhance and maintain health throughout the life span.

Language Arts

(1.10) (2.7) (3.7) (4.8) (5.8) (6.8)

Students read widely for different purposes in varied sources.

(K.8) (1.11) (2.8) (3.8) (4.9) (5.9) (6.9)

Students develop an extensive vocabulary.

(K.15) (1.18) (2-3.14) (4-6.15)

Students write for a variety of audiences and purposes and in a variety of forms.

Reading TAKS

Objective 1 (3.7) Reading/Variety of Texts

Objective 1 (3.8) (4.9) (5.9) (6.9) Reading/Vocabulary Development

4th Grade Writing TAKS

Objective 1 (4.15) Writing/Purposes

Math

(K.11) (1.8) (2.9) (3.13) (4.12) (5.11) (6.8)

Students apply measurement concepts.

Math TAKS

Objective 4 (3.13) (4.12), (5.11), (6.8) Measurement

Pg 5) Sleep and Health

Health

(K.1) (1.1) (2.1) (3-6.1) (7-8.1A)

Students recognize that personal health decisions and behaviors affect health throughout life, and comprehend ways to enhance and maintain health throughout the life span.

Language Arts

(1.10) (2.7) (3.7) (4.8) (5.8) (6.8)

Students read widely for different purposes in varied sources.

(K.9), (1.12), (2.9), (3.9), (4.10), (5.10), (6.10)

Students use a variety of strategies to comprehend selections read aloud and selections read independently.

(K.15) (1.18) (2-3.14) (4-6.15)

Students write for a variety of audiences and purposes and in a variety of forms.

Reading TAKS

Objective 1 (3.7) Reading/Variety of Texts

Objective 3 (3.9), (4.10), (5.10), (6.10) Reading/Comprehension

4th Grade Writing TAKS

Objective 1 (4.15) Writing/Purposes

Math

(K.13) (1.11) (2.12) (3.15) (4.14) (5.14) (6.11)

Students apply mathematics to solve problems connected to everyday experiences and activities in and outside of school.

Math TAKS

Objective 6 (3.15) (4.14) (5.14) (6.11) Underlying Processes and Mathematical Tools

Pg 6) Protect the Environment – Protect Your Health

Health

(K.7) (1.8) (2.5) (3.6) (4.6) (5.8) (6.6) (7-8.6)

The student understands that various factors influence personal health.

Language Arts

(1.10) (2.7) (3.7) (4.8) (5.8) (6.8)

Students read widely for different purposes in varied sources.

(K.9), (1.12), (2.9), (3.9), (4.10), (5.10), (6.10)

Students use a variety of strategies to comprehend selections read aloud and selections read independently.

Reading TAKS

Objective 1 (3.7) Reading/Variety of Texts

Objective 4 (3.9), (4.10), (5.10), (6.10) Reading/Comprehension

Math

(K.4) (1.3) (2.3) (3.3) (4.3) (5.3) (6.2)

Students add, subtract, multiply, and divide to solve problems and justify solutions.

(K.13) (1.11) (2.12) (3.15) (4.14) (5.14) (6.11)

Students apply mathematics to solve problems connected to everyday experiences and activities in and outside of school.

Math TAKS

Objective 1 (3.3), (4.3), (5.3), (6.2) Number, Operation, and Quantitative Reasoning

Objective 6 (3.15) (4.14) (5.14) (6.11) Underlying Processes and Mathematical Tools

Science

(K.9), (1.9), (2.9), (3.8)

Science concepts. The student knows that living organisms have basic needs.

5th Grade Science TAKS

Objective 2 (3.8C) Science Concepts/Environmental Changes – organisms thrive, become ill or perish

Pg 7) You are in Charge of Your Health

Health

(K.1) (1.1) (2.1) (3.1) (4.1) (5.1) (6.1) (7-8.3)

Students recognize that personal health decisions and behaviors affect health throughout life, and comprehend ways to enhance and maintain health throughout the life span. Students comprehend and utilize concepts relating to health promotion and disease prevention throughout the life span.

Language Arts

(1.10) (2.7) (3.7) (4.8) (5.8) (6.8)

Students read widely for different purposes in varied sources.

(K.15) (1.18) (2-3.14) (4-6.15)

Students write for a variety of audiences and purposes and in a variety of forms.

(K.8) (1.11) (2.8) (3.8) (4.9) (5.9) (6.9)

Students develop an extensive vocabulary.

Reading TAKS

Objective 1 (3.7) Reading/Variety of Texts

Objective 1 (3.8) (4.9) (5.9) (6.9) Reading/Vocabulary Development

4th Grade Writing TAKS

Objective 1 (4.15) Writing/Purposes

Math

(K.13) (1.11) (2.12) (3.15) (4.14) (5.14) (6.11)

Students apply mathematics to solve problems connected to everyday experiences and activities in and outside of school.

Math TAKS

Objective 6 (3.15) (4.14) (5.14) (6.11) Underlying Processes and Mathematical Tools

Pg 8) What is Self-Control?

Health

(K.8) (1.9) (2.10) (3.10) (4.10) (5.6) (6.10) (7-8.10, 11)

Students know healthy ways to communicate consideration and respect for self, family, friends, and others.

Language Arts

(K.9), (1.12), (2.9), (3.9), (4.10), (5.10), (6.10)

Students use a variety of strategies to comprehend selections read aloud and selections read independently.

(1.10) (2.7) (3.7) (4.8) (5.8) (6.8)

Students read widely for different purposes in varied sources.

Reading TAKS

Objective 1 (3.7) Reading/Variety of Texts

Objective 3 (3.9), (4.10), (5.10), (6.10) Reading/Comprehension

Math

(K.4) (1.3) (2.3) (3.3) (4.3) (5.3) (6.2)

Students add, subtract, multiply, and divide to solve problems and justify solutions.

(K.13) (1.11) (2.12) (3.15) (4.14) (5.14) (6.11)

Students apply mathematics to solve problems connected to everyday experiences and activities in and outside of school.

Math TAKS

Objective 1 (3.3), (4.3), (5.3), (6.2) Number, Operation, and Quantitative Reasoning

Objective 6 (3.15) (4.14) (5.14) (6.11) Underlying Processes and Mathematical Tools